



## WHAT TO EXPECT

### During a Soul Level Animal Communication® Session

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Thank you for your interest in an animal communication session! Your animal is eager to talk with you and so am I. Let's get started!

#### WHAT IS ANIMAL COMMUNICATION?

Animal communication (also called interspecies communication) is an exchange of intuitive information between a human and other animals. This includes all species such as cats, dogs, birds, fish, horses, reptiles, and more. The information received may be in the form of pictures, words or short phrases, emotions, physical sensations, and information you 'just know'.

Everyone has this ability and can develop it with practice. This ability is called telepathy: "communication between minds by some means other than sensory perception" (dictionary.com). If you have ever been thinking of someone and then received a call from them, this is an example of telepathy. If your dog goes to wait for you at the door when you are on your way home from work, this is an example of telepathy.

Because sensory perception is not required, an animal photo is not needed. Setting an intention to connect with your specific animal is the equivalent of dialing their cell number. Location does not matter so I am able to connect with your animal whether they are in a physical body or have crossed over.

Communication with animals can include topics on the physical 3-D level such as food preferences and favorite toys. In a Soul Level Animal Communication® session the conversation will also include how your animal is helping you grow and evolve. Because you have a unique relationship with your animal, this information will likely not apply to other members of your household.

#### WHAT TO EXPECT DURING A SESSION

- \* Conducted via Zoom with the video off. You may request a recording of the call if you wish.
- \* You will receive intuitive information about your personality and the personality of your animal(s).
- \* You have the opportunity to ask your animal one or more questions as time allows.
- \* Your animal will be invited to share the Soul Lesson they are teaching you and how you can work with them to learn this lesson.

#### BEFORE THE SESSION

- \* Decide which animal(s) you want to talk with and the question(s) you want to ask.
- \* 25 Minute Session: 1 animal, 1 question. 55 Minute Session: 1 or 2 animals, 2-4 questions as time allows.

#### DURING THE SESSION

- \* Be in a quiet place where you will not be distracted or interrupted.
- \* Your animal does not need to be present; allow them to be doing whatever they wish.
- \* When I ask if the intuitive information makes sense to you, please answer honestly. If the information does not make sense, I will ask your animal for additional information to clarify the meaning for you. Sometimes the meaning may not become clear until after the session.
- \* You may want to make notes of the soul lesson or other insights to refer to later.

#### AFTER THE SESSION

- \* Be attentive to the behavior your animal is using for your lesson and practice the activity they suggested.
- \* You will receive an email from Calendly with a link to a survey where you can provide me with feedback.

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